

Southern Style Cole Slaw

Yield: 8 min
Total Time: 370 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-cole-slaw-recipe-mayonnaise>

Ingredients:

- 1 head green cabbage about 2-3 lbs cored and chopped
- 1 medium carrot chopped
- 3 green onions medium, chopped
- 1 cup mayonnaise real
- 1/3 cup granulated sugar Or, equivalent of sugar free sweetener
- 1/3 cup buttermilk
- 3 tablespoons apple cider vinegar
- 1 teaspoon salt
- 1 1/2 teaspoons celery seeds
- 1/2 teaspoon lemon pepper may use black pepper and fresh lemon juice
- 1/2 teaspoon onion powder
- 1/2 teaspoon granulated garlic or garlic powder
- 1/4 teaspoon ground mustard

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 10 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 2 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 540 milligrams
9. Sugar: 11 grams

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