

Southern Chicken Salad

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-spinach-recipe>

Ingredients:

- chicken cooked and chopped or shredded
- red onion finely chopped
- diced celery
- relish dill
- mayonnaise real
- hard boiled egg
- salt
- pepper
- croissants
- fresh spinach or lettuce, optional
- 2 cups chicken cooked and chopped or shredded
- 3 tablespoons red onion finely chopped
- 3 tablespoons diced celery about 1 stalk
- 1 tablespoon relish dill
- 1/2 cup mayonnaise real
- 1 hard boiled egg
- salt
- pepper
- 4 croissants
- fresh spinach or lettuce optional

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 410 milligrams
4. Fat: 36 grams
5. Fiber: 4 grams
6. Protein: 105 grams
7. SaturatedFat: 12 grams

8. Sodium: 1480 milligrams
 9. Sugar: 12 grams
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