

# Keto Avocado Chicken Salad

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-chicken-salad-recipe-with-canned-chicken>

## Ingredients:

- 2 cans canned chicken or 2 cooked chicken breasts, chopped
- 2 avocados pitted and chopped
- 1 cup celery
- 6 slices bacon
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1 teaspoon pepper
- 1/4 cup green onions or Scallions
- 3 tablespoons lemon juice

## Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 30 milligrams
4. Fat: 44 grams
5. Fiber: 8 grams
6. Protein: 7 grams
7. SaturatedFat: 10 grams
8. Sodium: 970 milligrams
9. Sugar: 2 grams

---

Thank you for visiting our website. Hope you enjoy Keto Avocado Chicken Salad above. You can see more 15 southern chicken salad recipe with canned chicken They're simply irresistible! to get more great cooking ideas.