

Cat Head Biscuits

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-cat-head-biscuit-recipe>

Ingredients:

- 3 cups all-purpose flour
- 1 1/2 cups cake flour
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon table salt
- 8 tablespoons butter softened and cut into 1/2? pieces
- 4 tablespoons vegetable shortening cut into 1/2? pieces
- 1 1/4 cups buttermilk

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 45 milligrams
4. Fat: 26 grams
5. Fiber: 3 grams
6. Protein: 11 grams
7. SaturatedFat: 12 grams
8. Sodium: 920 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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