

# Southern Candied Pecans

Yield: 2 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-glazed-pecans-recipe>

## Ingredients:

- 2 cups pecan halves
- 1 egg white
- 1/2 tablespoon vanilla extract
- 1/2 cup granulated sugar
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon salt

## Nutrition:

1. Calories: 1220 calories
2. Carbohydrate: 72 grams
3. Fat: 105 grams
4. Fiber: 15 grams
5. Protein: 15 grams
6. SaturatedFat: 9 grams
7. Sodium: 320 milligrams
8. Sugar: 57 grams

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