

Easy Chicken and Dumplings

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chicken-and-potato-lebanese-recipe>

Ingredients:

- 2 pounds chicken shredded, cooked
- 3 ounces green peas
- 3 ounces carrots chopped
- 4 ounces broccoli chopped
- 1/2 yellow onion chopped
- 10 1/2 ounces condensed cream chicken, or celery soup
- 1 cup water
- 1/2 teaspoon salt
- 1 teaspoon black pepper
- 1 biscuits tube, such as Pillsbury
- 1/2 cup mozzarella cheese optional

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 255 milligrams
4. Fat: 58 grams
5. Fiber: 2 grams
6. Protein: 42 grams
7. SaturatedFat: 34 grams
8. Sodium: 580 milligrams
9. Sugar: 3 grams

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