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Southern Breakfast Skillet

Yield: 2 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/southern-hominy-recipe

Ingredients:

- 1/4 pound bacon sliced, diced
- 1/4 cup chopped onion
- 15 1/2 ounces hominy drained
- 4 eggs Eggland's Best, beaten
- 1/8 teaspoon pepper

Nutrition:

Calories: 570 calories
Carbohydrate: 34 grams
Cholesterol: 460 milligrams

4. Fat: 38 grams5. Fiber: 7 grams6. Protein: 22 grams7. SaturatedFat: 12 grams

8. Sodium: 1080 milligrams

9. Sugar: 6 grams

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