

White Lily Classic 3 Ingredient Southern Biscuits

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-biscuits-recipe-white-lily>

Ingredients:

- 2 cups self rising flour White Lily, See notes if using all purpose
- 1/4 cup shortening
- 3/4 cup milk

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 5 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 4 grams
8. Sodium: 830 milligrams
9. Sugar: 3 grams
10. TransFat: 1.5 grams

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