

Easy Crock Pot Beef Tips

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-slow-cooker-beef-tips-recipe>

Ingredients:

- 2 pounds beef tips any cut of beef, chopped
- 2 cans French onion soup
- 2 cans golden mushroom soup
- 1 packet onion soup mix
- 2 cups rice steamed
- flat leaf parsley chopped, optional garnish*

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 155 milligrams
4. Fat: 36 grams
5. Fiber: 2 grams
6. Protein: 50 grams
7. SaturatedFat: 14 grams
8. Sodium: 2030 milligrams
9. Sugar: 5 grams
10. TransFat: 2.5 grams

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