

# Mac and Cheese Lasagna

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-beef-macaroni-and-cheese-recipe>

## Ingredients:

- 15 ounces macaroni
- cheese
- 1 pound ground beef
- 1 1/2 cups spaghetti sauce
- 1/2 cup shredded mozzarella cheese

## Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 94 grams
3. Cholesterol: 100 milligrams
4. Fat: 28 grams
5. Fiber: 6 grams
6. Protein: 42 grams
7. SaturatedFat: 11 grams
8. Sodium: 610 milligrams
9. Sugar: 12 grams
10. TransFat: 1 grams

---

Thank you for visiting our website. Hope you enjoy Mac and Cheese Lasagna above. You can see more 15 southern beef macaroni and cheese recipe Ignite your passion for cooking! to get more great cooking ideas.