

# Southern Black Bean Succotash

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-black-bean-recipe>

## Ingredients:

- 1 can black beans drained and rinsed
- 1 1/2 cups sweet corn frozen and thawed
- 1 medium red onion diced
- 1/2 red bell pepper diced
- 1 cup cherry tomatoes quartered
- 1 tablespoon red wine vinegar
- 1/2 lime
- 1 teaspoon fajita seasoning
- 1 teaspoon cajun spice
- 3 tablespoons fresh cilantro chopped
- salt
- pepper

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 37 grams
3. Fat: 0.5 grams
4. Fiber: 12 grams
5. Protein: 9 grams
6. Sodium: 630 milligrams
7. Sugar: 5 grams

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