

Homemade Southern BBQ Sauce

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-bbq-sauce-recipe-molasses>

Ingredients:

- 1 can tomato sauce 15 ounce can
- 3/4 cup apple cider vinegar
- 1/3 cup honey
- 1/3 cup tomato paste
- 1/4 cup molasses
- 1/4 cup brown sugar
- 3 tablespoons worcestershire sauce
- 2 teaspoons liquid smoke
- 1 teaspoon garlic powder
- 1/2 teaspoon black pepper
- 1/2 teaspoon onion powder
- 1/2 teaspoon salt

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 56 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 610 milligrams
6. Sugar: 47 grams

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