

# South Carolina Barbecue Sauce

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/vetkoek-recipe-south-africa>

## Ingredients:

- 1 cup mustard your choice
- 1 cup apple cider vinegar
- 1/3 cup light brown sugar
- 1/2 teaspoon cayenne powder
- 1 tablespoon unsalted butter

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 2 grams
8. Sodium: 690 milligrams
9. Sugar: 18 grams

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