

# Texas BBQ Beef Brisket

Yield: 6 min  
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-bbq-brisket-recipe>

## Ingredients:

- 3 pounds beef brisket boneless, flat cut
- 3/4 cup barbeque sauce
- 1/2 cup dry red wine
- 2 tablespoons chili powder
- 1 tablespoon brown sugar packed
- 1 1/2 teaspoons garlic powder

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 140 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 48 grams
7. SaturatedFat: 7 grams
8. Sodium: 530 milligrams
9. Sugar: 10 grams

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