## RecipesCh@~se

## Bulgogi Korean BBQ Short Ribs

Yield: 4 min Total Time: 248 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/chinese-bbq-short-ribs-recipe">https://www.recipeschoose.com/recipes/chinese-bbq-short-ribs-recipe</a>

## **Ingredients:**

- 1 pound beef short ribs bone in
- 4 green onions + 1 green top only for garnish, optional
- 1/2 cup soy sauce
- 1/2 cup brown sugar
- 1/2 cup apple sauce
- 2 tablespoons rice wine vinegar
- 3 tablespoons ginger fresh crushed
- 3 cloves garlic
- 2 tablespoons toasted sesame seeds
- 2 tablespoons sesame oil

## **Nutrition:**

Calories: 650 calories
Carbohydrate: 29 grams
Cholesterol: 85 milligrams

4. Fat: 50 grams5. Fiber: 2 grams6. Protein: 19 grams7. SaturatedFat: 19 grams

7. SaturatedFat: 19 grams8. Sodium: 1860 milligrams

9. Sugar: 23 grams

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