

Southern Barbecue Baked Beans

Yield: 12 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-southern-bbq-rub-recipe>

Ingredients:

- 1/2 green pepper medium, finely diced
- 1 sweet onion medium, finely diced
- olive oil
- 1 pound lean ground beef
- seasoned salt
- black pepper
- 56 ounces baked beans hickory flavored
- 2/3 cup barbecue sauce
- 10 ounces chili seasoned tomatoes [such as Rotel Chili Fixin's]
- 1/2 cup brown sugar
- 3 tablespoons whole grain mustard
- 2 tablespoons worcestershire sauce
- 2 teaspoons barbecue seasoning [such as Grill Mates Smokehouse Maple or Barbecue Magic]
- 8 slices center cut bacon cooked and crumbled or 8 slices to lay on top

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 40 milligrams
4. Fat: 14 grams
5. Fiber: 6 grams
6. Protein: 19 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 950 milligrams
9. Sugar: 22 grams

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