

Grits Banana Pudding

Yield: 10 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-banana-pudding-recipe-with-sweetened-condensed-milk>

Ingredients:

- 1 cup grits cooked
- 1 tablespoon unsalted butter melted
- 1/4 cup sugar
- 1/4 teaspoon salt
- 1/4 teaspoon cinnamon
- 1/4 teaspoon ground nutmeg
- 3 large eggs
- 1 tablespoon vanilla
- 2 cups milk
- 4 bananas ripe, thinly sliced
- 12 ounces heavy whipping cream
- 1/4 cup sugar
- 8 ounces cream cheese room temperature
- 14 ounces sweetened condensed milk

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 155 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 16 grams
8. Sodium: 250 milligrams
9. Sugar: 41 grams

Thank you for visiting our website. Hope you enjoy Grits Banana Pudding above. You can see more 17 southern banana pudding recipe with sweetened condensed milk Experience flavor like never before! to

get more great cooking ideas.