

# Easy Southern Banana Pudding

Yield: 14 min  
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-sour-cream-banana-bread-recipe>

## Ingredients:

- 3 cups cold milk
- 2 packages instant pudding & pie filling 4 serving size JELL-O Vanilla Flavor
- 30 Nilla Wafers
- 3 bananas medium, sliced
- 8 ounces Cool Whip whipped topping thawed

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 3 grams
8. Sodium: 320 milligrams
9. Sugar: 29 grams

---

Thank you for visiting our website. Hope you enjoy Easy Southern Banana Pudding above. You can see more 15 southern sour cream banana bread recipe Prepare to be amazed! to get more great cooking ideas.