

Southern-Style Yellow Summer Squash

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-baked-summer-squash-recipe>

Ingredients:

- 2 tablespoons bacon drippings
- 2 Vidalia onion large, sliced
- 8 yellow summer squash small, chopped
- salt
- cracked black pepper

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 2 grams
8. Sodium: 160 milligrams
9. Sugar: 4 grams

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