

Southern Baked Macaroni & Cheese!

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/old-fashioned-southern-macaroni-cheese-recipe>

Ingredients:

- 16 ounces macaroni
- 1/2 cup butter
- 1/3 cup flour
- 1/2 teaspoon white pepper or black
- 1/2 teaspoon salt
- 1/8 teaspoon ground cayenne pepper
- 3 cups milk
- 1 cup heavy cream
- 1 cup cheddar cheese shredded
- 1 cup extra sharp cheddar cheese shredded

Nutrition:

1. Calories: 1260 calories
2. Carbohydrate: 107 grams
3. Cholesterol: 235 milligrams
4. Fat: 75 grams
5. Fiber: 4 grams
6. Protein: 41 grams
7. SaturatedFat: 45 grams
8. Sodium: 980 milligrams
9. Sugar: 15 grams

Thank you for visiting our website. Hope you enjoy Southern Baked Macaroni & Cheese! above. You can see more 16 old fashioned southern macaroni cheese recipe Get ready to indulge! to get more great cooking ideas.