

# Shrimp and Grits

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-bacon-grits-fritters-recipe>

## Ingredients:

- 3/4 cup grits stone-ground dry
- 12 slices bacon
- 1 leek diced, see note above
- 1/2 onion chopped
- 2 cloves garlic minced
- 1 green pepper diced
- 1 pound large shrimp medium to, peeled and deveined
- 1/4 cup white wine or vegetable stock
- 1/4 vegetable stock
- 2 cups half-and-half or milk
- salt
- pepper
- hot sauce optional

## Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 100 milligrams
4. Fat: 53 grams
5. Fiber: 3 grams
6. Protein: 17 grams
7. SaturatedFat: 21 grams
8. Sodium: 1020 milligrams
9. Sugar: 3 grams

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