

Porcupine Meatballs

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-at-heart-porcupine-meatballs-recipe>

Ingredients:

- 1 pound ground beef
- 1/4 cup long grain rice uncooked
- 1 egg slightly beaten
- 1 tablespoon parsley chopped
- 1/4 cup onion finely chopped
- 1/2 teaspoon McCormick Garlic Powder
- 1/4 teaspoon McCormick Paprika
- 1/8 teaspoon McCormick Pepper
- 1/2 teaspoon salt
- 1 can condensed tomato soup 10 3/4 oz, divided
- 1/2 cup water
- 2 teaspoons Worcestershire sauce

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 85 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 560 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

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