

Southern Apple Tuna Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-apple-tuna-salad-recipe>

Ingredients:

- 12 ounces tuna drained
- 1 tablespoon olive oil
- 1 tablespoon mayonnaise or more if needed
- 1 apple small, peeled, cored, and chopped
- 1/4 onion small, minced
- 1 tablespoon sweet pickle relish
- 1/2 teaspoon dill weed
- salt and ground black pepper to taste

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 35 milligrams
4. Fat: 9 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 90 milligrams
9. Sugar: 6 grams

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