

South Philly Style Slow Cooker Italian Shredded Pork

Yield: 4 min
Total Time: 490 min

Recipe from: <https://www.recipeschoose.com/recipes/south-philly-italian-gravy-recipe>

Ingredients:

- 1 pound bone-in pork shoulder
- 2 yellow onions medium, sliced thinly
- 1 bulb garlic peeled*
- 1 cup white wine or red, red blend or Pinot Grigio preferred
- 4 bay leaves
- 1 tablespoon coarse sea salt
- 1/2 tablespoon fresh ground black pepper
- 1 tablespoon oregano
- 1/2 tablespoon garlic powder
- 1 tablespoon basil
- 1/2 teaspoon red pepper flakes
- 1 teaspoon seasoning Trader Joe's 21, Salute*

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 9 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sodium: 1780 milligrams
6. Sugar: 3 grams

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