

# Bab's South of the Border Taco Dip

Yield: 20 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/south-of-the-border-mexican-cousine-recipe>

## Ingredients:

- 1 pound ground beef
- 2 cloves garlic minced
- 2 chipotle peppers in adobo sauce minced
- 1/2 teaspoon ground cumin
- 1/2 teaspoon chili powder
- 16 ounces cream cheese softened
- 1 red bell pepper diced
- 2 teaspoons lime juice or as needed
- 1 cup fresh tomato chopped
- 6 ounces sliced black olives drained
- 2 cups shredded cheddar cheese
- 2 cups iceberg lettuce chopped, divided
- 1/2 cup green onion chopped
- 16 ounces taco sauce
- 2 avocados peeled, pitted, and diced
- 2 lime zested and juiced
- 1/2 cup sour cream
- 1/2 cup chopped fresh cilantro

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 55 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 9 grams

8. Sodium: 480 milligrams
  9. Sugar: 4 grams
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