

# Malabar Squid Curry or Nandan Koonthal Curry

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/south-indian-squid-curry-recipe>

## Ingredients:

- squid : 500 g
- onion : 3, cut into 4 pieces
- tomato paste : 4 Tbsp.
- garlic paste : 1 Tbsp.
- curry leaves : 20
- dried red chili
- fenugreek seed : ½ Tsp.
- garam masala powder : 1 Tsp
- turmeric powder : ½ Tsp.
- red chili powder : ¼ Tsp.
- salt : 1 Tsp.
- vegetable oil : 2 Tbsp.
- grated coconut Freshly, : 1 Cup
- coriander powder : 1 Tsp.
- red chili powder Kashmiri, : 1 Tsp.
- turmeric powder : ½ Tsp.
- curry leaves : 10
- dried red chili
- vegetable oil : 1 Tbsp.