

# Tangy Shredded Cabbage Salad

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/south-indian-cabbage-salad-recipe>

## Ingredients:

- 2 cups green cabbage tightly packed, use the large holes of the grater
- 1 serrano chile seeded and minced
- 2 tablespoons fresh lemon juice or more as needed
- 1/2 teaspoon fine sea salt or table salt
- 1/2 teaspoon sugar
- 1 tablespoon canola oil
- 1/2 teaspoon mustard seeds

## Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 3 grams
3. Fat: 3.5 grams
4. Fiber: 1 grams
5. Sodium: 300 milligrams
6. Sugar: 1 grams

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