

# Vegetable Biryani (Veg Biryani)

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/south-indian-biryani-recipe-veg>

## Ingredients:

- 1 onion
- 1 teaspoon ginger garlic paste
- 4 green chilies
- mint leaves handful
- cilantro handful
- 2 teaspoons garam masala powder
- 1 teaspoon fennel powder
- pepper Powder - 1 tsp, add only if you like the biryani extra spicy
- 1/4 teaspoon turmeric powder
- 1 tablespoon lemon juice
- 1 bay leaf
- salt as needed
- 4 tablespoons oil

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 10 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 200 milligrams
8. Sugar: 4 grams

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