

South African Malvapoeding (Marshmallow Pudding)

Yield: 10 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/south-african-vinegar-pudding-recipe>

Ingredients:

- 2 tablespoons butter
- 1 teaspoon white vinegar
- 1/2 cup milk
- 1 cup superfine sugar
- 2 eggs
- 1 tablespoon jelly apricot
- 1 1/3 cups cake flour
- 1 teaspoon baking soda
- 1 pinch salt
- 1 cup heavy cream
- 1/2 cup butter
- 1/2 cup white sugar
- 1/2 cup water orange juice, or sherry

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 115 milligrams
4. Fat: 24 grams
5. Protein: 4 grams
6. SaturatedFat: 14 grams
7. Sodium: 270 milligrams
8. Sugar: 24 grams

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