

South African Malva Pudding Mini Cakes

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/south-african-fat-cakes-recipe>

Ingredients:

- 1 cup sugar
- 2 large eggs
- 1 tablespoon apricot jam
- 1 teaspoon baking soda
- 1/3 cup milk
- 1 cup all purpose flour
- 1/2 teaspoon salt
- 1 tablespoon unsalted butter
- 1 teaspoon vinegar
- 1 stick unsalted butter
- 1/3 cup sugar
- 1/4 cup hot water
- 3/4 cup heavy cream
- 2 teaspoons vanilla extract

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 165 milligrams
4. Fat: 33 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 20 grams
8. Sodium: 460 milligrams
9. Sugar: 47 grams

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