

Pear Clafouti

Yield: 12 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pear-recipe>

Ingredients:

- 2 whole pears
- 2 teaspoons ginger Minced Or Grated
- 2 tablespoons sugar
- 2 teaspoons brandy optional
- 3/4 cup all purpose flour
- 1/2 teaspoon salt
- 1/2 cup sugar
- 3 whole eggs Beaten With A Fork
- 2 cups whole milk substitute Half With Cream If You Desire
- 1 teaspoon vanilla

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 55 milligrams
4. Fat: 2.5 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 135 milligrams
8. Sugar: 13 grams

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