

# Sourdough Bread

Yield: 4 min  
Total Time: 520 min

Recipe from: <https://www.recipeschoose.com/recipes/sourdough-turkish-pide-recipe>

## Ingredients:

- 3/4 cup sourdough start, ripe and active
- 1 1/4 cups warm water non-chlorinated
- 1 tablespoon honey
- 1 1/2 teaspoons salt
- 3 1/2 cups all purpose flour unbleached

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 93 grams
3. Fat: 1.5 grams
4. Fiber: 3 grams
5. Protein: 12 grams
6. Sodium: 950 milligrams
7. Sugar: 5 grams

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