

# Christmas Soup

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/rachael-ray-christmas-pasta-recipe>

## Ingredients:

- 1 can diced tomatoes
- 1 can stewed tomatoes Italian
- 1 can rotel Original tomatoes and green chilies
- 4 cups chicken stock
- 1 cup reduced fat sour cream
- 1 tablespoon fresh basil finely chopped
- 1 pound Velveeta sliced into 1-inch slices
- 12 ounces pasta tricolor spiral shaped, cooked al dente in heavily salted water
- chips Tostitos scoops
- crushed red pepper flakes sprinkle on top

## Nutrition:

1. Calories: 930 calories
2. Carbohydrate: 100 grams
3. Cholesterol: 120 milligrams
4. Fat: 41 grams
5. Fiber: 5 grams
6. Protein: 43 grams
7. SaturatedFat: 22 grams
8. Sodium: 2130 milligrams
9. Sugar: 20 grams

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