

Japanese Soup and Ginger Salad Dressing

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/souper-salad-holiday-harvest-soup-recipe>

Ingredients:

- 12 cups water
- 1 onion peeled
- 3 carrots
- 1/2 celery a stalk of
- 3 green onions
- 6 mushrooms
- 1 head garlic
- 1 tablespoon fresh ginger peeled
- 1 jalapeno stemmed and seeded, optional
- 3 mushrooms sliced
- 2 green onions diced
- salt
- pepper
- 2 carrots peeled and diced
- 1 clove garlic
- 2 tablespoons onion
- 1 tablespoon fresh ginger peeled
- 2 tablespoons water
- 2 tablespoons liquid aminos
- 1/4 cup rice wine vinegar
- 1/2 teaspoon sesame oil
- 1 1/4 cups extra virgin olive oil

Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 18 grams
3. Fat: 68 grams

4. Fiber: 5 grams
 5. Protein: 4 grams
 6. SaturatedFat: 10 grams
 7. Sodium: 750 milligrams
 8. Sugar: 7 grams
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