

Copycat Olive Garden Zuppa Toscana Soup

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/soup-recipe-italian-sausage-potatoes-peppers-and-onions>

Ingredients:

- 1 pound italian sausage
- 7 bacon slices
- 5 medium potatoes russet
- 2 cups kale chopped, bite sized pieces
- 1 cup heavy whipping cream
- 1 quart water
- 14 ounces chicken broth cans of
- 1/2 onion large, diced
- 3 garlic cloves minced
- 2 teaspoons red pepper flakes
- salt
- pepper

Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 55 grams
3. Cholesterol: 175 milligrams
4. Fat: 65 grams
5. Fiber: 7 grams
6. Protein: 27 grams
7. SaturatedFat: 28 grams
8. Sodium: 1230 milligrams
9. Sugar: 3 grams

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