

Shrimp and Snow Peas

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/snow-peas-recipe-chinese-style>

Ingredients:

- 1 pound shrimp peeled and deveined
- 1/4 cup frozen peas Optional
- 2 teaspoons Shaoxing wine or dry sherry
- 1/4 teaspoon salt *Footnote 1
- 2 teaspoons cornstarch
- 2 tablespoons oyster sauce
- 1 tablespoon soy sauce
- 1/2 cup chicken stock or vegetable stock
- 1/2 teaspoon rice vinegar
- 1/2 teaspoon sugar
- 1/8 teaspoon white pepper or black pepper
- 2 teaspoons cornstarch
- 1 1/2 tablespoons peanut oil
- 8 ounces snow peas cleaned and strings removed
- 2 ginger ", 5 cm, julienned

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 275 milligrams
4. Fat: 13 grams
5. Fiber: 5 grams
6. Protein: 43 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1360 milligrams
9. Sugar: 8 grams

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