## RecipesCh@\_se

## **Asian Chicken Noodle Soup**

Yield: 6 min Total Time: 45 min

Recipe from: <u>https://www.recipeschoose.com/recipes/snow-pea-pods-recipe-indian</u>

## **Ingredients:**

- 1 pound boneless skinless chicken breasts cut into chunks
- 2 cloves garlic minced
- 1 tablespoon fresh ginger minced
- 1 tablespoon sesame oil
- 1/4 teaspoon salt
- 6 cups chicken broth
- 1 jalapeno thinly sliced
- 3 green onions sliced
- 2 tablespoons soy sauce
- 1 tablespoon rice vinegar
- 2 baby bok choy chopped
- 5 ounces chinese noodles about half a package
- Sriracha sauce for serving, optional
- chopped cilantro for serving, optional

## Nutrition:

- 1. Calories: 300 calories
- 2. Carbohydrate: 21 grams
- 3. Cholesterol: 50 milligrams
- 4. Fat: 14 grams
- 5. Fiber: 2 grams
- 6. Protein: 25 grams
- 7. SaturatedFat: 2 grams
- 8. Sodium: 760 milligrams
- 9. Sugar: 2 grams

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