

# Saute Of Snapper With Fresh Tomato And Olive Sauce

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/snapper-fish-indian-recipe>

## Ingredients:

- 8 cloves garlic
- 4 freshly ground pepper
- 6 1/3 ounces snapper
- 2 tablespoons extra-virgin olive oil
- 7 tablespoons unsalted butter
- 3 3/8 tablespoons red wine vinegar
- 3 vine ripened tomatoes
- 12 black olives
- 3 tablespoons flat leaf parsley
- fish

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 90 milligrams
4. Fat: 30 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 14 grams
8. Sodium: 125 milligrams
9. Sugar: 3 grams

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