

Char Siu (Chinese BBQ Pork)

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/woolworths-chinese-bbq-pork-recipe>

Ingredients:

- 2 pounds pork
- 3 tablespoons hoisin sauce
- 1 1/2 tablespoons honey
- 1/4 cup sugar
- 3 tablespoons soy sauce
- 2 tablespoons wine cooking Chinese
- 1 tablespoon salt
- 1 tablespoon 5-spice powder
- 3 drops red food color
- honey for brushing

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 150 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 51 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 2750 milligrams
9. Sugar: 26 grams

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