

# Slow Cooker Mexican Casserole

Yield: 6 min  
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/slow-cooker-mexican-casserole-recipe>

## Ingredients:

- 1 pound roll Bob Evans® Zesty Hot Sausage
- 3/4 cup cornmeal
- 1 1/2 cups milk
- 1 egg
- 14 1/2 ounces diced tomatoes and green chilies
- 1 cup frozen corn
- 1 1/4 ounces taco seasoning mix
- 1 cup mexican blend cheese shredded

## Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 65 milligrams
4. Fat: 14 grams
5. Fiber: 10 grams
6. Protein: 18 grams
7. SaturatedFat: 6 grams
8. Sodium: 1150 milligrams
9. Sugar: 15 grams

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