

# Slow Cooker Italian Meatballs

Yield: 24 min  
Total Time: 260 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pork-recipe-slow-cooker>

## Ingredients:

- 1 pound ground beef
- 1 pound ground pork
- 1/4 cup onion minced
- 2 cloves garlic minced
- 2 tablespoons parsley chopped
- 1 cup Italian breadcrumbs
- 2 eggs
- 1/2 cup Parmesan cheese grated
- salt
- pepper
- 48 ounces crushed tomatoes
- 6 ounces tomato paste
- 2 whole bay leaves
- 1/2 teaspoon crushed red pepper flakes
- 1/2 teaspoon italian seasoning
- salt
- pepper
- basil for serving, if desired
- Parmesan cheese for serving, if desired

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 45 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 360 milligrams

9. Sugar: 1 grams

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