

# Slow Cooker Ham

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/slow-cooker-ham-and-swiss-quiche-recipe>

## Ingredients:

- 7 pounds ham Fully cooked, Spiral cut
- 1/4 teaspoon red chili flakes Optional
- 1 teaspoon garlic powder
- 1 teaspoon ginger powder
- 1 can pineapples Crushed, chunks or tidbits, 20 oz. can
- 1 cup brown sugar