

Crock Pot Hamburger Bean Soup

Yield: 6 min
Total Time: 248 min

Recipe from: <https://www.recipeschoose.com/recipes/slow-cooker-east-bean-soup-recipe>

Ingredients:

- 3 cups ground beef browned, drained well
- 1 cup frozen pepper and onion mix or ½ cup each chopped onion and green pepper
- 14 1/2 ounces tomatoes can Italian style
- 15 ounces beans can cannelloni, drained and rinsed
- 1 1/2 tablespoons worcestershire sauce
- 2 teaspoons minced garlic
- 1/2 teaspoon salt
- 1/2 teaspoon ground pepper
- 1 bay leaf large
- 1 teaspoon thyme
- 32 ounces beef broth

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 7 grams
8. Sodium: 810 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

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