

Slow Cooker Honey Mustard Chicken

Yield: 5 min
Total Time: 310 min

Recipe from: <https://www.recipeschoose.com/recipes/slow-cooker-chinese-honey-mustard-chicken-recipe>

Ingredients:

- 1 1/2 pounds skinless chicken breasts boneless
- 1/4 cup chicken broth
- 2 teaspoons dried thyme
- 2 teaspoons onion powder
- 2 garlic cloves chopped
- 2 tablespoons whole grain mustard
- 2 tablespoons honey mustard [you can swap yellow mustard + 2 tablespoons honey]
- black pepper to taste

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 85 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 300 milligrams

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