

# Blueberry Rhubarb Muffins for My Mom on Mother's Day

Yield: 14 min  
Total Time: 32 min

Recipe from: <https://www.recipeschoose.com/recipes/skipping-my-recipe-mother-s-day>

## Ingredients:

- 2 eggs
- 1 cup coconut milk full-fat caned
- 1/3 cup pure maple syrup
- 2 teaspoons vanilla extract
- 2/3 cup rhubarb chopped into small pieces, 1 stalk
- 1 cup frozen blueberries
- 2 cups gluten free all purpose flour
- 1 tablespoon baking powder
- 1 teaspoon kosher salt

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 30 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 4 grams
8. Sodium: 310 milligrams
9. Sugar: 7 grams

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