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Bavarian Pork Sirloin Tip Roast with Sour Cream Gravy

Yield: 6 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/sirloin-tip-roast-italian-beef-recipe

Ingredients:

- 2 1/2 pounds sirloin tip roast pork, visible fat trimmed
- 2 teaspoons caraway seed whole, or 1/2-1 tsp. ground caraway, use less or omit if you don't like caraway that much
- 1 teaspoon marjoram dried
- 1 teaspoon seasoning Penzeys Pork Chop, optional, but recommended; pork chop seasoning has salt, hickory smoke, garlic, onion, white p...
- 1/2 teaspoon salt or Vege-Sal
- black ground pepper fresh, to taste
- 1 tablespoon olive oil
- 1/2 cup water
- 2 tablespoons white wine vinegar
- 8 ounces low-fat sour cream do not use fat free
- 2 teaspoons cornstarch
- 1 tablespoon water

Nutrition:

Calories: 410 calories
Carbohydrate: 4 grams

3. Cholesterol: 135 milligrams

4. Fat: 25 grams

5. Protein: 43 grams6. SaturatedFat: 9 grams7. Sodium: 320 milligrams

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