

# Slow Cooker Beef Pot Roast

Yield: 7 min  
Total Time: 300 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-roast-beef-recipe-ranch-italian>

## Ingredients:

- 4 pounds pot roast chuck
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 4 medium potatoes quartered
- 4 carrots cut into 2-inch pieces
- 2 onions medium, quartered
- 1/2 cup beef broth

## Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 170 milligrams
4. Fat: 47 grams
5. Fiber: 4 grams
6. Protein: 53 grams
7. SaturatedFat: 18 grams
8. Sodium: 590 milligrams
9. Sugar: 4 grams

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