

# Blueberry Pancakes

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-blueberry-pancakes-recipe>

## Ingredients:

- 1 1/2 cups all purpose flour
- 1/4 cup granulated white sugar
- 1 teaspoon baking powder
- 1/8 teaspoon salt
- 3/4 cup milk + more to thin out the batter, as needed
- 1 large egg
- 1 tablespoon vegetable oil
- 1/2 cup frozen blueberries or fresh
- maple syrup

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 50 milligrams
4. Fat: 6 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 1 grams
8. Sodium: 230 milligrams
9. Sugar: 20 grams

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