

# Mexican Green Rice

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-white-rice-recipe>

## Ingredients:

- 3 cups low sodium chicken broth
- 3 poblano chiles fresh, seeds and roughly chopped
- 20 sprigs cilantro stems discarded
- 1 teaspoon kosher salt plus more if needed
- 2 tablespoons olive oil
- 2 cups white rice
- 2 white onions small, roughly chopped
- 6 garlic cloves minced

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 83 grams
3. Fat: 10 grams
4. Fiber: 2 grams
5. Protein: 11 grams
6. SaturatedFat: 1 grams
7. Sodium: 670 milligrams
8. Sugar: 2 grams

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