

Simple Italian Red Sauce

Yield: 6 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-italian-red-sauce-recipe>

Ingredients:

- 1/4 cup virgin olive oil extra-
- 1 onion medium, chopped
- 2 cloves garlic chopped
- 1 stalk celery chopped
- 1 carrot chopped
- 64 ounces tomatoes whole, *see Gr8 Note
- 8 basil leaves
- sea salt
- freshly ground black pepper
- 4 tablespoons unsalted butter optional

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 20 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 4 grams
7. SaturatedFat: 6 grams
8. Sodium: 160 milligrams
9. Sugar: 10 grams

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